



Treatment and informed consent

- Biodynamic treatment involves finding your HEALTH – the origin of embryological forces that created, animated and ultimately heal us. During treatment, there is no direct intervention or physical force used by a practitioner.
- I'll explain the difference between direct and indirect treatment, structure and function, and the influence our environment and trauma history have upon our self-healing capacity.
- You may be asked direct questions of a physical, emotional or spiritual nature. These questions are aimed at revealing your HEALTH and self-healing potential. They are never intended as judgement or personal criticism.
- You will remain fully clothed during treatment.
- You are encouraged to deeply relax, and enter a state of semi-sleep. Stillness and silence become your doorway to therapeutic change.
- In addition to gently placing hands upon your head, spine, pelvic bones, legs and arms; your face, jaw, throat, breastbone or stomach may also be involved during treatment.
- There are potential risks and complications associated with treatment, especially in the presence of unresolved intergenerational, family or personal trauma.
- Post-treatment symptoms may include fatigue, soreness, emotional distress, an exacerbation of existing or emergence of unfamiliar symptoms.
- Please get in touch if unexpected symptoms persist beyond 48 hours, a follow-up treatment may be required.
- Because of the unique complexity of every human being, we cannot predict all possible risks and outcomes, or guarantee a result.
- I will give you my clinical opinion about the optimal frequency and duration of treatment required.
- With treatment for your BABY, the therapeutic presence of the HEALTH is often found at work within adults of the family - and this is where treatment often starts. This maximises therapeutic outcomes for baby, in the gentlest possible way.
- Any questions, concerns or requests will be noted before treatment begins.